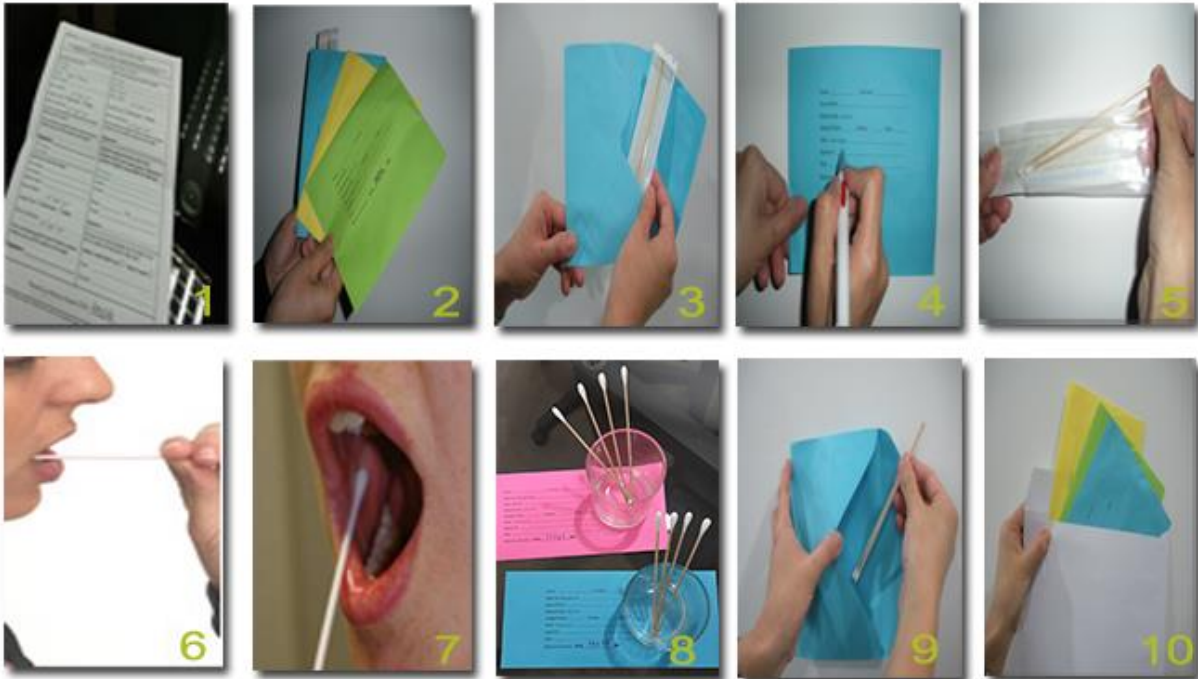




## EasyDNA samples taking procedure



- No food/drink (plain water is fine) & no smoking, an hour before test;
- Complete the requested information on both the swab samples envelope with signatures and all the details on the Sample Collection Form complete with consent signatures;
- Handle the swabs at the non-cotton end. Do not touch the cotton end with your hands or fingers;
- You are collecting cheek cells as well as saliva. So make sure to rub the swab firmly against the inside of the cheek, under the tongue and behind the lips. This should be done for around 30 seconds per swab. Please use 4 swabs (one samples envelope) per person being tested;
- Allow samples to dry for about an hour before placing them into the corresponding samples envelope; **DO NOT PUT IN THE PLASTIC WRAPPER**;
- Slide the swabs directly in the envelope and seal the envelope before returning to the lab;